

GROW

Ongoing Professional Growth

Leader

DEFINITION The Leader is a Respiratory Therapist who promotes ethical behavior through their own example. They are strategic thinkers, both executing and following through on new initiatives. Leaders are continuously looking for opportunities for improvement and take action to create change. They promote team-building and understand that leadership occurs at all professional levels within the healthcare system.

DESCRIPTION As a Respiratory Therapy Leader you understand that there is a “bigger picture” and you proactively seek opportunities for improvement, not only in your practice, but within your department and/or across your organization. Through effective communication, you are able to motivate co-workers and colleagues towards creating positive change and, most importantly, you foster leadership skills in others through coaching, encouraging and empowering.

EXAMPLES OF LEARNING ACTIVITIES

- Leadership is rooted in who you are and what matters most to you. Begin by carefully examining your own values and motivations, to determine what you passionate about.
- Once you know what is important to you, look for opportunities to take the lead in initiatives that will address those issues/concerns (e.g., put your name forward to chair a committee, or draft a policy and present it to your supervisor).
- Remember that you do not have to be in a leadership position to be a leader. Start with something small, and be willing to learn from your mistakes and build on your successes.



LEADER RESOURCES

Use your interpersonal and communication skills to inspire and encourage others towards the goal of optimal care for all your patients.

Online Resources

[Canadian College of Health Leaders](#)

Provides credentialing, training, networking, mentoring, and support health leaders in every sector and region, from every professional background

[LEADS Framework](#)

Developed by the CCHL, this tool defines the knowledge, skills, and behaviours a leader needs to exhibit in order to successfully contribute to an effective and efficient Canadian health system.

[Canadian Health Leadership Network](#)

The Canadian Health Leadership Network (CHLNet) is a not-for-profit, *Value Network* comprised of over 30 health organizations across the country.

[Collaborative Healthcare Leadership](#)

A six-part model health leadership model developed by the Centre for Creative Leadership.

Continuing Education

Royal Roads University

[Graduate Certificate in Health Systems Leadership](#) & [Master of Arts in Leadership](#)

University of Guelph

[Executive MA \(Leadership\) Program](#)

McMaster University

[Masters of Health Management](#)

Have comments, feedback or ideas to make this even better? Send us an email at GROW@crto.on.ca.

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