

# GROW

Ongoing Professional Growth

## Clinician

**DEFINITION** A Clinician uses evidence-based approaches to evaluate the effectiveness and outcomes of both existing and emerging practices. They continue to educate themselves as professionals and integrate new knowledge into their current practice.

**DESCRIPTION** Anyone who practices clinically – in any area of practice – would be an example of someone who has a role as a clinician....and any professional development intended to help you become a better clinician would be activity that falls under this category. Historically, this is where the majority of clinicians focus their learning activities – on topics specific to their clinical practice. Whether you're reading about tips on coaching patients during pulmonary function tests, reading the latest ventilator studies in the NEJM, or appraising your own clinical practice and outcomes – all of these are examples of professional development in the Clinician domain.

**EXAMPLES OF LEARNING ACTIVITIES** Ever go to teaching rounds? Read an article this year? Attended an equipment inservice? Go to a clinically-focused session at a conference? All of these fit under the domain of Clinician and those are the most obvious activities.

How about integrating what you learn into your practice – are you unsure about how to read and appraise articles? Learning how to do that, to then allow you to apply it and become a better clinician...that's a learning activity under the Clinician domain.



## CLINICIAN RESOURCES

### [Canadian Patient Safety Institute](#)

Evidence-based tools and resources aimed at improving patient safety and quality of care.

### [HPRO Guide to Medical Directives & Delegation](#)

The Health Profession Regulators of Ontario (HPRO) provides guidance for the use of orders, directives and delegation. This site also provides templates for medical directives and/or delegation that have been developed and approved by all the regulated healthcare Colleges.

### [Handbook on Sensitive Practice for Health Care Practitioners](#)

Developed by the Public Health Agency of Canada to assist healthcare practitioners will help health care practitioners practise in a manner that is sensitive to the needs of adult survivors of childhood sexual abuse and other types of interpersonal violence.

### [The Cochrane Library](#)

Created by an international, non-profit organization aimed at disseminating reviews on the effectiveness of various health care interventions.

Have comments, feedback or ideas to make this even better? Send us an email at [GROW@crto.on.ca](mailto:GROW@crto.on.ca).

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